

For all salon treatments
visit www.sittingprettykippton.co.uk



WELCOME TO SITTING PRETTY

Clarins Gold Salon of the year 2018

CLARINS

CLARINS are the number one skin-care company in Europe, with a product range based on natural ingredients and pure plant extracts. We stock the full range of Clarins products and offer a very generous reward scheme for purchases from the salon.

ENJOY THE SITTING PRETTY EXPERIENCE

To maximise your enjoyment of your treatment we recommend arriving 10 minutes early to enjoy a complimentary drink.

All treatment times include 15 minute preparation, consultation and client changing time. Times shown are not actual treatment times.

We look forward to your visit so we can help you feel good and have some stress free time for yourself.

SHARE THE SITTING PRETTY EXPERIENCE

Gift vouchers are an ideal present and are available in £5 or £10 denominations. They are valid for 12 months and must be brought to the Salon when wanting to redeem.

Come in, relax, let us take care of you.

NOTES:

Under 18s:

Under 16s must be accompanied by a parent or guardian during treatment.
16-18s must have written parental consent.

Late Arrivals:

If you arrive up to 15 minutes late for your appointment you will be offered the rest of your appointment at the full price.

If you arrive later than 15 minutes after your scheduled appointment time, we will do everything we can to try to accommodate you.

Deposits:

Bookings over 2 hours require a 50% non-refundable deposit.

Courses:

To be paid for in full prior to commencement of treatment.

Cancellations Policy:

As a courtesy to other guests and our team we would ask that you give at least 24 hours notice if you wish to change or cancel an appointment.

Missed appointments will be charged at full price.

CLARINS

Pro-Expert Facials

Hyaluronic Hydra-Glow

1 Hr 25 minutes **£77.00**

Get ready for a fresh, dewy complexion with the Hyaluronic Hydra-Glow facial, designed to deliver serious results in record time. This expert treatment blends professional grade exfoliation, intense hydration, and proven rejuvenating ingredients for a transformative glow.

Niacinamide Skin Recharge

1 Hr 25 minutes **£77.00**

Experience the ultimate skin reset with the Niacinamide Skin Recharge facial. A rejuvenating, glow-boosting reset for your skin blending a cocktail of professional grade smoothing, hydrating and radiance restoring products for de-stressed skin.

Collagen Replenishing Rescue

1 Hr 25 minutes **£77.00**

Experience our most effective age-defying Spa treatment for firmer skin. Featuring [Collagen]3 Technology, our Collagen Replenishing Rescue facial works to stimulate collagen deep within the skin, improving elasticity and firmness for a youthful glow.

Natures Retinol Renewal

1 Hr 25 minutes **£77.00**

Replenish the skin and reduce the appearance of wrinkles with this facial. Harnessing the power of Harungana, nature's gentle equivalent to retinol, this treatment is perfect for those experiencing hormonal changes within the skin..

Peptide Age Repair

1 Hr 25 minutes **£77.00**

Deliver deep nourishment to skin with this intensely restorative facial, designed to replenish, brighten and revive. Powered by advanced anti-ageing tetrapeptide density caused by ageing.

WELLNESS TREATMENTS

Ultra Relaxing Facial

1 Hr 15 minutes **£64.00**

Our Ultra Relaxing Facial combines guided breathing, the soothing Ayuroma Touch massage, and calming essential oils to help you disconnect from stress, rebalance your mind, and leave your skin feeling refreshed and tension free..

Sensory Escape

1 Hr 20 minutes **£72.00**

A full face and body experience that revives your soul's harmony through slow, rhythmic massage techniques. Using the power of Clarins' essential oils and the expert hands of our therapists, this wellness treatment detoxifies the body, promotes better sleep and leaves your skin radiant, supple and glowing with positive energy.

Maternity Moment

1 Hr 15 minutes **£60.00**

Our Maternity Moment massage is a nurturing head-to-toe relaxation ritual designed to support you during and after pregnancy. Using gentle products, we'll soothe and nourish stretched skin, release tension in the back, shoulders and legs and enhance your pregnancy glow with a calming facial.

Perfect for mothers from 12 to 38 weeks.

Rebalancing Massage

1 Hr 25 minutes **£71.00**

Our Full Body Rebalancing Massage using essential oils is the perfect treatment to restore harmony and rejuvenate your body. This results-driven massage is designed to relax your muscles, ease tension, and recharge your energy. Our expert therapists will tailor the pressure to your specific needs, ensuring a completely personalised massage that targets areas of stress and discomfort..

Hot Stone Massage

1 Hr 15 minutes

£69.00

Warm stones help relieve tension, fight fatigue and deliver an all round wellbeing boost. Combined with our expert massage and blissful aroma therapeutic oils, you can expect total body relaxation.

Deep Healing Massage

1 Hr 15 minutes **£69.00**

Our Deep Healing Massage is designed to relieve tension and promote restoration by blending Clarins' expertise with Thai royal techniques for a deep massage designed to release muscle tightness and enhance flexibility. Skin is nourished, tension is released, and mindfulness is restored.

Back, Neck & Scalp Massage

45 minutes **£41.00**

Our Back, Neck and Scalp Massage is designed to release tension and relieve stress, this soothing treatment eases muscle tightness and promotes relaxation, leaving you feeling renewed and replenished.

Maximise the results of your treatment by adding a skin boosting add on

20 minutes **£22 each**

- Back Massage
- Hand and Foot Massage
- Scalp, Neck & Decollete Massage

Body Renew

1 Hr **£56.00**

This blissfully relaxing treatment reveals soft, supple, smooth skin, gentle exfoliation detoxifies, renews and purifies the skin, whilst an indulgent layer of lotion is massaged in to deliver deep hydration.

Aromatic Balancer

1 Hr **£59.00**

Luxurious rebalancing facial treatment with aromatherapy oils. For all skin types. Whatever your skin condition, this customised treatment will rebalance and leave skin feeling rejuvenated..

TANNING

Summer Glow

1 Hr 15 minutes **£50.00**

The ultimate self tanning treatment for face and body. Includes skin-smoothing exfoliation, a deeply pampering application of an award-winning self tanner. This treatment will leave you with a gorgeous, long-lasting, golden colour that looks as natural in winter as in summer. You can even get dressed immediately.

FACIALS - GUINOT

Hydradermie² Lift

1 Hr **£60.00**

The Immediate lift treatment.

Hydradermie² lift brings revolutionary youthfulness and renewed tone by stimulating the facial muscles and providing a massage that lifts the facial features, in the same way as going to the gym. In addition to treating and toning skin, Hydradermie² Lift smoothes facial features deep down through muscular exercise. As muscles are toned, they take on a new vitality and skin becomes amazingly smoother.

Lift Summum

1 Hr **£65.00**

A firming treatment that immediately reduces signs of fatigue and ageing, focusing on the face, neck and décolleté. The unique stimulating massage visibly lifts and firms while the active ingredients Collagen XVIII helps improve elasticity. The Anti-Wrinkle Eraser diminishes the appearance of wrinkles, whilst the unique specific face and décolleté masks restore a youthful appearance.

Age Summum

1 hour **£65.00**

The "Anti-Ageing" Treatment

The ultimate manual treatment that erases signs of ageing from the face, neck, décolleté and hands. Age Summum is enriched with highly concentrated Vitamin C, Hyaluronic Acid and Rambutan to firm facial tissue and combat skin slackening.

FACIALS - GUINOT

Hydradermie² Lift Express

45 minutes **£50.00**

High-tech lifting treatment.

Ideal for clients who want a quick treatment. The treatment includes cleansing, exfoliation and muscle stimulation.

Hydradermie²

1 hour 15 minutes **£70.00**

Hydradermie² is an exclusive Guinot treatment that will make your skin youthful and radiant, from the very first treatment. This unique innovation enables fast and deep penetration of ionised treatment ingredients, resulting in exceptional effectiveness. Your face will appear rested and luminous with a subtle glow.

Visible Age Reverse Treatment

45 minutes **£95.00**

The treatment works as a complete treatment concept that combines the use of a concentrate and machine. The concentrate rapidly increases blood flowing bringing more oxygen energy, amino acids and vitamins to the skin cells. It also restores the neuro-transmitters that help restore cell communication increasing the thickness of the epidermis. The machine uses vibration to aid the penetration of the concentrate as well as boost the lymphatic system, decongest skin tissue sculpt and firms the facial features.

Course of 4 £380.00 with free Age Logic cream valued at £185.00

FACIALS - CACI

CACI Signature Non-Surgical Facial Toning £52.00

1 hour

CACI's signature Non-Surgical Facial Toning is an advanced non-invasive facial, with twenty years medical research behind it. Microcurrent impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow.

Course of 6 **£260.00**

Ultra Non-Surgical Facial Toning* £67.00

1 hour 30 minutes

The Ultra Skin Rejuvenation treatment uses ultrasonic peeling to revitalise and deeply cleanse the skin, leaving a brighter, smoother complexion.

CACI's unique Wrinkle Comb will then target the fine lines and wrinkles providing a non-invasive alternative to collagen injections with LED light therapy to help heal the skin and trigger tissue repair. Microcurrent facial toning and lifting is then added to lift, firm and tone sagging facial muscles.

Course of 6 **£335.00**

CACI Jowl Lift £34.00

30 minutes

The CACI jowl lift has been developed to specifically target muscle laxity round the jaw line which can cause drooping jowls and loose skin. This treatment is specially designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

Course of 6 **£170.00**

FACIALS - CACI

CACI Eye Lift

£34.00

30 minutes

The CACI Eye Lift will work to lift and firm the muscles around the eye area, particularly where people tend to lose definition as they age, known as 'hooded eyes'. This treatment will also help smooth the appearance of fine lines and wrinkles.

Course of 6 **£170.00**

TEENAGE TREATS

Under 16s must have a parent or guardian present during treatment. 16-18s require a parent or guardian's signature prior to treatment.

Detox and Glow

45 minutes **£35.00**

A hydrating facial powered by nature to restore radiance and skin quality using our My Clarins range.

Make-up or Mess-it-up!

40 minutes **£35.00**

Don't spend years making mistakes – get it right from the start. We will guide you through colour and application.

Nail care

30 minutes **£22.00**

Gain knowledge of growing beautiful, natural nails, and banishing any bad habits, while we care for your nails.

For over 16s whose skin requires a deep clean a Hydradermie Facial is recommended.

CLARINS

Make-Up

Make-Up One-to-One

1 Hr **£50.00**

Trying different colours and application techniques under expert guidance will help you achieve a fresh & flattering new look. Whether you want a whole new make-up look or ideas for a special occasion, prepare to be inspired.

Make-Up To Go

45 minutes **£40.00**

Expert make-up for your special occasion

HANDS AND FEET

Manicure

£32.00

45 minutes

Hands are soaked in either Clarins Relax or Tonic Shower Concentrate followed by exfoliation with Clarins Body Scrub. Nails are perfectly shaped and the cuticles are tidied. Finally enjoy a hand and arm massage with Clarins Hand and Nail Cream. Finish with your choice of nail polish.

Pedicure

£35.00

45 minutes

Feet are soaked in either Clarins Relax or Tonic Shower Concentrate followed by rough skin removal then exfoliation with Clarins Body Scrub. Nails are perfectly shaped and the cuticles are tidied. Finally enjoy a foot and lower leg massage with Clarins Foot Beauty Cream. Finish with your choice of nail polish.

We can only remove gel polish that was applied at Sitting Pretty

Jessica Geleration Gel and MII Gel Polish

Once applied, remains vibrant. Coverage is impeccable and the wear unbelievable, giving you 14 days of uninterrupted glossy colour. Dries instantly.

Manicure and overlays 45 minutes

£34.00

Pedicure and overlays 45 minutes

£37.00

Soak off of gels

Soak off of gels applied at Sitting Pretty, with new gel set

£10.00

Soak off only of gels applied at Sitting Pretty

£16.00

MEN

Manicure

45 minutes **£30.00**

Hands are soaked in either Clarins Relax or Tonic Shower Concentrate followed by exfoliation with Clarins Body Scrub. Nails are perfectly shaped and the cuticles are tidied. Finally enjoy a hand and arm massage with Clarins Hand and Nail Cream.

Pedicure

45 minutes **£30.00**

Feet are soaked in either Clarins Relax or Tonic Shower Concentrate followed by rough skin removal then exfoliation with Clarins Body Scrub. Nails are perfectly shaped and the cuticles are tidied. Finally enjoy a foot and lower leg massage with Clarins Foot Beauty Cream.

WAXING

Using a creme organic or hot wax to remove unwanted hair.

Full leg & Brazilian Bikini	1 hour	£62.00
Full leg (inc basic bikini line)	1 hour	£45.00
³/₄ leg	30 minutes	£29.00
¹/₂ leg	30 minutes	£24.00
Bikini	15 minutes	£20.00
Brazilian	30 minutes	£30.00
All hair removed, leaving a strip		
Half arm	15 minutes	£17.00
Full arm	30 minutes	£25.00
Underarms	15 minutes	£13.00
Lip and chin	15 minutes	£20.00
Lip	15 minutes	£11.50
Chin	15 minutes	£11.50
Face	30 minutes	£25.00
Male Waxing		
Back or Chest	30 minutes	£30.00
Eyebrow Wax	15 minutes	£15.00
Arm Wax	30 minutes	£26.00

ELECTROLYSIS

Permanent removal of unwanted hair using disposable sterile needles.

Electrolysis	15 minutes	£19.00
	30 minutes	£31.00

Thread Veins	15 minutes	£35.00
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Removal of small thread veins on the face and neck.

EYES

A patch test must be performed 24 hours before the initial treatment.

Eyelash Tint	30 minutes	£19.00
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Eyebrow Tint	15 minutes	£12.00
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Eyebrow Shape	15 minutes	£15.00
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Eyebrow Shape Lash & Brow Tint		£43.00
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LVL Lashes Lift

Over 18s only

Length Volume Lift	£58.00
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1 hour

A stunning alternative to eye lash extensions. LVL straightens your natural lashes at the root creating the appearance of longer, thicker lashes.

Please call in to the Salon for a patch test kit 48 hours before every treatment. We can not undertake the treatment without one.

Opening Times

Monday 9.00am – 5.30pm

Tuesday 9.00am – 8.00pm

Wednesday 9.00am – 6.00pm

Thursday 9.00am – 6.00pm

Friday 9.00am – 6.00pm

Saturday 9.00am – 3.00pm

Book on-line at
www.sittingprettyskipton.co.uk
or on our facebook page.



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BD23 1RD

(Situated above SpecSavers opticians)

Telephone: 01756 700750

Book on-line at
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